2025 FITNESS SCHEDULE - DANCE STOP STUDIOS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:30AM-10:30AM					9:30AM-10:30AM	
BARRE					**ZUMBA**	
DANNA					KRISTI	
	10:00AM-11:00AM			10:00AM-11:15AM		
	ZUMBA		10:30AM-11:30AM	**YOGA**		
	KRISTI		**ZUMBA GOLD**	LISA		
			NANCY			
	11:30AM-12:30PM					
	ZUMBA GOLD					
	NANCY					
		6:00PM-7:00PM				
		YOGA				
		JACKIE				
PRICES		**ZUMBA**	**ZUMBA GOLD**	**YOGA**	**BARRE**	
DROP-IN		$10 PER CLASS	$5 PER CLASS	$15 PER CLASS	$15 PER CLASS	