

2024 FITNESS SCHEDULE - DANCE STOP STUDIOS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:30AM-10:30AM BARRE DANNA					9:30AM-10:30AM ZUMBA KRISTI	
	10:00AM-11:00AM ZUMBA KRISTI		10:30AM-11:30AM ZUMBA GOLD NANCY	10:00AM-11:15AM YOGA LISA		
	11:30AM-12:30PM ZUMBA GOLD NANCY					
		6:00PM-7:00PM YOGA JACKIE				
PRICES		ZUMBA	ZUMBA GOLD	YOGA	BARRE	
DROP-IN		\$10 PER CLASS	\$5 PER CLASS	\$15 PER CLASS	\$15 PER CLASS	