

2022 FITNESS SCHEDULE - DANCE STOP STUDIOS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:30AM-10:30AM*					9:30AM-10:30AM	
BARRE					ZUMBA	
DANNA					KRISTI	
<i>*begins August 15th</i>	10:00AM-11:00AM			10:00AM-11:15AM		
	ZUMBA		10:30AM-11:30AM	YOGA		
	KRISTI		ZUMBA GOLD	LISA		
			NANCY			
	11:30AM-12:30PM					
	ZUMBA GOLD					
	NANCY					
		6:00PM-7:00PM				
7:00PM-8:00PM		YOGA				
ZUMBA		JACKIE				
KRISTI						
PRICES		ZUMBA	ZUMBA GOLD	YOGA	BARRE	
DROP-IN		\$10 PER CLASS	\$5 PER CLASS	\$15 PER CLASS	\$15 PER CLASS	