

2021 FITNESS SCHEDULE - DANCE STOP STUDIOS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00AM-10:15AM FLOW YIN MONIQUE					9:30AM-10:30AM ZUMBA KRISTI	
	10:00AM-11:00AM ZUMBA KRISTI					
2pm-3:15PM YOGA LISA						
		6:00PM-7:00PM YOGA JACKIE				
7PM-8PM ZUMBA KRISTI						
PRICES		ZUMBA/STRONG		YOGA		BARRE SCULPT/PILATES
DROP-IN	\$10 PER CLASS OR 2 PUNCHES		\$15 PER CLASS OR 2 PUNCHES		\$15 PER CLASS OR 2 PUNCHES	